

Anne Frank Forward



"How wonderful it is that nobody need wait a single moment before starting to improve the world."

A Message from Administration

RELATIONSHIPS AND EMPATHY

In February at Anne Frank P.S. we continued to focus on building relationships and empathy.

Healthy relationships are based on good communication. This involves not only language but also understanding, respecting and caring about how another person may be feeling.



Empathy is the ability to understand and care about how another person feels. The need to be understood is universal, whether we are five or fifty; all of our worries or upsets are calmed when we feel we have been heard or understood. This doesn't mean that the problem has been solved, but when our feelings are recognized and accepted, so are we.
—Mary Gordon

Children understand their own feelings. Children also need help to understand the feelings of others. You need to watch for facial expressions and body language and to listen and respect the feelings and views of other people. Children need to help those who may not feel included and to put themselves in the shoes of others who may be affected by their actions. This can help our children build understanding and is an important foundation for social responsibility.

-source: http://www.ontariodirectors.ca/Parent_Engagement/PA%20Downloads/34919_CODE_Guidebook-ENG_sm.pdf

Thank you, families, for your continued support and for sharing in our vision of creating a school of empathy and inclusion.

Sincerely yours,

Aneta Fishman

Contact Us

431 Ilan Ramon Blvd.
Maple ON L6A 0X2
P: 289-342-1001 /
647-795-7745
F: 289-553-5642
E: anne.frank.ps@yrdsb.ca

Trustee: Linda Aversa
P: 647-462-0921
E: linda.aversa@yrdsb.ca

Upcoming Dates:

- Mar. 2-4: •Lake St. George trip, Gr. 7/8
- Mar. 13: •P.A. Day—no classes
- Mar.16-20: •March Break—no classes
- Mar. 23 & 30: Bounce Back & Thrive Workshop
- Apr. 3: Good Friday—no classes
- Apr. 6: Easter Monday—no classes
- Apr. 13 , 20, 27: Bounce Back & Thrive Workshop
- Apr. 22: Lion Pride Assemblies
- Apr. 30: Immunizations (Gr. 7 Hep B, Gr. 8 girls HPV)

School Council Dates

- March 2, 2015
- May 4, 2015
- June – TBD Year End celebration and wrap up

STRIVE TO ARRIVE AT 8:55!!



At Anne Frank P.S. we try to instill values and teach skills that will benefit our students. Punctuality is a habit that will help students thrive throughout their school careers and into their professional lives.

Please remind your students that class starts at 9:10 a.m., which means that they should *be seated and ready in their classrooms* by that time. The doors to the building open at 8:55 a.m., and supervision begins at that time each school day, so that is the time they should be arriving. This allows them time to put away their belongings, change into their indoor shoes, and prepare for class without rushing and interrupting instructional time. Don't forget the sense of pride and ease it brings to have an organized start to the day!

GOLDEN GARBAGE CAN AWARDS



The Golden Garbage Can initiative, which encourages students to keep their learning environment clean and tidy, will begin close to March Break where the eco-team will monitor each class' garbage and award pizza lunches on a monthly basis to those with least amount of garbage!

YOGA MONDAYS

On Monday, February 23, Mrs. Babalis and Ms. Cornell began hosting walk-in yoga in the Learning Commons (Library). If your child wants to participate, please have him/her bring in a yoga mat and come to the Learning Commons after eating lunch (1:20 p.m.). Everyone is welcome—no registration required.



KEEPING OLAF WARM

Thank you to all the families that donated clothing, mittens and scarves to the "Keeping Olaf Warm" Program. All items were donated to people in need. Your donations are greatly appreciated! Especially during this cold month of February that we have experienced.

*Thank you,
Anne Frank Lions*



NO HOT LUNCHES ON SNOW DAYS



When buses are cancelled due to inclement weather, hot lunches including Lunch Lady and Kids Kitchen, etc. will not be delivered, but will be rescheduled for a different day. Please contact the lunch provider directly for more information.

CYBERBULLYING

Cyberbullying involves the use of electronic devices or the Internet to threaten, embarrass, socially exclude, and harass. Cyberbullying is often repetitive and can have significant socio-emotional implications for the victim and for those who witness the bullying. Cyberbullying can occur through various forms of social media, including texting, email, chats, websites, instant messaging, cell phones and through the use of pictures/video clips. Cyberbullying is often aggressive behaviour that can be intentional or unintentional, direct or indirect, and it may include mockery, insults, threats, racist or homophobic comments, gossip, rumours, group exclusion, humiliation and social rejection.

In this electronic age, cyberbullying can have far reaching implications. With the click of a button, a cyberbullying incident can reach a wide audience, resulting in someone feeling victimized and unsafe. The anonymity afforded to cyberbullies through seemingly secure interfaces often results in the continuation of this unacceptable behaviour. Cyberbullies are often far less remorseful and empathetic and more prone to engage in negative, prolonged, delinquent behaviour.

For signs your child is being cyberbullied and ways you can address it, please visit: <http://www.yrdsb.ca/Programs/SafeSchools/Pages/Cyber-Bullying.aspx>

The infographic is titled "safebook" in a large white font on a blue background. Below the title is a stylized human figure composed of several colored sections, each with a label and a corresponding tip. The head is a circle labeled "THINK" with the tip "Think before you post". The shoulders are labeled "FRIENDS" with the tip "Only connect with friends". The chest is labeled "KIND" with the tip "Be kind to others". The upper abdomen is labeled "PASSWORD" with the tip "Don't share your password". The lower abdomen is labeled "PRIVACY" with the tip "Keep your settings private". The legs are labeled "HURT" with the tip "Don't be hurtful towards others".

Below the figure are three boxes with icons and text:

- PARENTS & TEACHERS** (with a warning icon):
 - Join Facebook
 - Understand how it works
 - Teach safety and responsibility
 - Privacy - check their settings
- FRIENDS** (with a person icon):
 - DON'T:** Stay silent
 - DO:** Help your friend
 - Report the bully
 - Tell your parents
 - Tell your teacher
- THE BULLY** (with a crossed-out phone icon):
 - DON'T:** Respond
 - DO:** Save what they say
 - Unfriend the person
 - Block them
 - Tell a Friend
 - Tell your Parents
 - Report the person

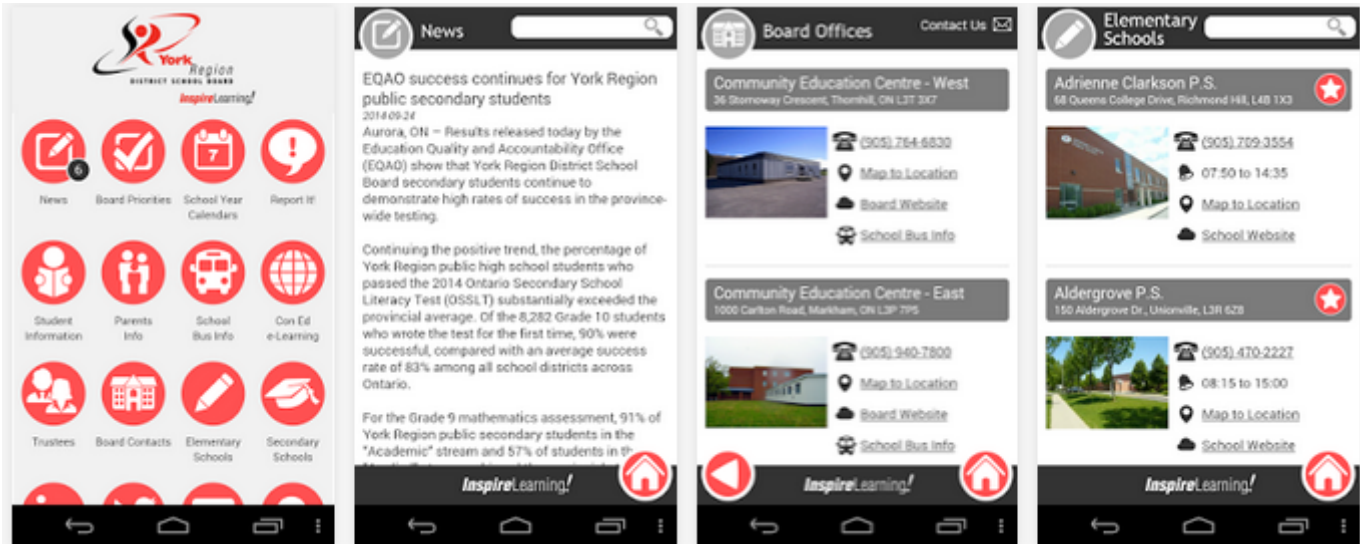
At the bottom, a blue bar contains the words "TELL • UNFRIEND • BLOCK • REPORT" in white capital letters.

NOW AVAILABLE: YRDSB APP



The YRDSB Mobile App is intended for York Region District School Board students, parents and community members. With this app, users can quickly access:

- school information - including maps and contact info
- school year calendars
- school bus information
- access to student resources - i.e. CareerCruising, Homework Help
- the "Report It" tool
- social media links - LinkedIn, Twitter, YouTube



SCHOOL COUNCIL UPDATE

School council meets in the school library once a month during the school year. At each meeting, we get an update from and provide feedback to the teachers and school administration on what is happening at the school with the goal to enhance and enrich our children's learning environment. This is accomplished through assisting with in-school and after-school activities and through organizing a variety of fundraisers, events and initiatives such as the Staff Appreciation Potluck, Pizza Lunches, the Dance-A-Thon as well as our upcoming Movie Night and Summer Fun Fair, all of which would not be possible without the amazing Anne Frank PS community of families and volunteers. Lastly, School Council serves to play a consultancy role for the school on short and long term strategy such as the School Improvement Plan.

Our donation drive in the fall allowed us to purchase basketball nets for the playground along with leveled readers for our classrooms. Our Staff Appreciation Potluck in January was a HUGE success, with over 20 volunteers and mountains of delicious food for our amazing staff. In addition to that, we have raised over \$6,000.00 from Pizza Lunches, and almost \$5000 from the Dance-A-Thon to fund the purchase of items not covered by the school budget. Other planned activities this year will include additional Movie Nights, new lunch offerings and our Summer Fun Fair.

Remember, every time you take part in a school activity (such as a movie night, Dance-A-Thon, lunches) you help to raise money to improve our children's learning environment. In addition we can always use more volunteers to assist with school activities, if you'd like to contribute your time to school council initiatives or if you just have a question, you can email us here: anne.frank.ps@sc.yrdsb.ca

As always, all parents/guardians of AFPS students are welcome to attend and participate in council meetings.

Please join us at our next meetings:
March 2, 2015
May 4, 2015
June (TBD)

ME TO WE



At Anne Frank P.S. The Me to We Committee is a group of motivated students who are committed to taking action in an effort to make the world a better place. Me to We is part of a family of organizations, including Free The Children, that has a shared goal: to empower a generation to shift the world from 'me' to 'we'.

We will be engaging in several local and global fundraising and awareness campaigns throughout the year. Our first initiative is to raise money to support families overseas. We will be doing this by collecting toonies to buy goats for villages in developing countries. A mere \$50 can provide a goat for a family.

Teachers will be collecting coins from students throughout the month of March. Donating is completely voluntary.

Every little bit counts so let's work together at Anne Frank P.S. to make a difference!

Coming Soon...

MAGAZINES AND MEMORIES!

Please help us by saving your Magazine orders and your personalized Photo purchases for our QSP Magazines and Memories Fundraising Program coming in the spring! Great prices and product selection, and our school earns a profit!



Magazines - Help improve literacy skills; any reading material, including magazines, encourages children to read, or they model your reading behavior.

Photo Products - Capture memorable moments of your children with the personalized photo products available.

If you wish to order your magazines early or purchase any photo products you can go to www.QSP.ca anytime and support our school. Please do not renew or purchase directly through the publishers as we will not receive profits from your purchases. Often, QSP will match publishers' offers—call QSP customer service for more info!

ANNE FRANK P.S. ID# 4097234

Thank you in advance for your support of our children and our school!

If you have an inquiry please contact QSP Customer Service, 1-800-667-2536



10 TIPS TO HELP YOUR CHILD BUILD VOCABULARY THROUGH NEW WORDS



Learning new words helps children read more complex books and stories. Children learn new words when someone reads to them and they read on their own. The more children read, the more words they are likely to know.

Here are some things you can do with your children to help build their vocabulary:

1. **Point out words that appear often.** As you read together, point out words that you see often. These words include “I”, “me”, “a”, “the”, “but”, “my”, “he” and “she”. Your children will begin to notice the same words in every story.
2. **Play rhyming games.** As your children begin to recognize certain words, you can try playing rhyming games. These games will build their vocabulary and increase their awareness of different word sounds. As they get older, have them write out rhyming words (cat, mat, sat, splat, flat, etc.)
3. **Make sound effects.** Use different voices and sounds to keep your children interested in the story’s words. If a word sounds like its meaning, e.g., splash or splat, point this out – it makes the word more interesting. Hearing different sounds also helps your children develop better listening skills.
4. **Make connections.** Help your children connect the words you read with the words they hear. Follow along with your finger as you read to show how print moves from left to right. Point out the pictures in the book and talk about what you see, matching the words to the pictures.
5. **Talk about daily events.** Talk with your children about past and future events, using the special words that go with these activities. For example, making breakfast could be associated with words like omelet, spatula, bowl, cereal or toaster. Taking a holiday would mean using words like ticket, schedule, suitcase and so on. Every once in a while, use a new or more difficult word and talk about its meaning.
6. **List new words.** Encourage your children to keep a list of the new words they have learned. Ask them to listen for new words as people talk. Have your children find new words in newspapers, books, flyers, and magazines. Talk about the meanings of these new words with your children as they add them to their list.
7. **Look for “word families”.** Give your children a word that is found inside other words (for example, *grow* is found in *growing* and *growth*). Ask your children to name other words that are related. Explain that these words are part of the same “word family”.
8. **Build sentences.** After talking about a new word and its meaning, ask your children to write their own sentences using the word.
9. **Look up words.** As your children start to understand written words, get a children’s dictionary. Whenever they need to know the meaning of a new word, they can look it up in the dictionary and talk to you about it. You may not know the word either and you can learn together!

Listen to music. Songs introduce new words, especially ones that rhyme or repeat, which makes them easy to learn and remember. Music helps with learning languages and developing listening skills.

Source: Ontario Ministry of Education: <http://www.edu.gov.on.ca/abc123/eng/tips/newWords.html>



Bounce Back & Thrive!

For parents/caregivers of children one to eight years of age.

Bounce Back & Thrive (BBT) is a 10 week evolving evidence-based resiliency skills training program for parents with children under 8 years. BBT skills help parents help their children build the resilience necessary to handle life's inevitable bumps in the road and make use of opportunities to grow and learn.

This ten week series led by York Region Public Health Nurses (TNs) is designed:

- To help you and your children “bounce back” from everyday stresses and hard times
- To relieve stress and calmly solve problems and conflicts
- To help your children handle disappointment, anger & frustration
- To help your children feel good about themselves, confident and hopeful about the future.

Location: Anne Frank Public School
431 Ilan Ramon Blvd., Vaughan L6A 0X2

When: Every Monday starting March 16 to May 25, 2015
7:00 p.m. to 9:00 p.m.

(Please note that there will not be a class on Monday May 18th due to the statutory holiday)

Light refreshments will be provided.

SPACE IS LIMITED!

To register and for further information contact:

Oksana Majaski, Community Resource Facilitator

Email: Oksana.majaski@yrdsb.ca Phone: 905-738-5497 ext. 213

This program is brought to you by Anne Frank P.S. in partnership with York Region Public Health Nurses and York Region District School Board.





groups & workshops

MARCH 2015

LET'S BE BLUNT *SPACE IS LIMITED*

A one evening forum for parents on teens and drug use. Moderated by Joe Rich with 3 speakers; a former teen addict, a parent of a former addict and an addiction expert. Join us for a Q & A with a panel of experts, including the speakers, to follow the presentations.

Tuesday, March 24, 2015 | 4600 Bathurst St | Lipa Green Centre | 7:30 pm to 9:30 pm

LOOKING AHEAD

A six session group for newly separated or divorced individuals who are dealing with the initial feelings of loss, anger, loneliness and wanting to let go of the past and move forward.

Thursday, March 26, 2015 | 4600 Bathurst St | Lipa Green Centre | 7:00 pm to 9:00 pm

WIDOW/WIDOWER BEREAVEMENT UNDER 65

- A six session discussion series for individuals 65 and under who have recently lost a spouse. Topics include: coping with grief, living with loneliness and new beginnings.

Tuesday, March 31, 2015 | 4600 Bathurst St | Lipa Green Centre | 7:30 pm to 9:00 pm

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community regardless of cultural, religious and/or racial background and we offer a sliding scale for those who require reductions.

For more information or to register, please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at www.jfandcs.com.

www.facebook.com/jfandcs 



MAPLE HIGH SCHOOL

presents

Parents as Partners

An information sharing evening about our youth today

Thursday March 26, 2015

4:30 – 6:30 p.m. @ Maple HS

Light Dinner: 4:30 – 5:00 p.m.

Seminar: 5:00 – 6:30 p.m

Topic: Mental Health and Wellness

Parents will learn about stress and anxiety in teens and how to help your child manage their stress and develop resiliency.

All parents are welcome!

RSVP by March 12th to: maple.hs@yrdsb.ca (please indicate if you will be joining us for dinner)

This event is for parents only; arrangements for the care of accompanying children are available



This school community event is made possible through the collaborative partnership with Maple High School, Maple HS School Council and York Region District School Board.

Spring 2015 Social Skills Program



ldayr • Learning Disabilities
Association of York Region

The right to learn, the power to achieve

Registration is Now Open

For more information or registration please contact *Nina Safary, Program Coordinator*, at 905.884.7933 extension 21 or resource@ldayr.org

****First time participants must provide a copy of child's Psycho-educational Assessment****

Last day to Register is March 12th, 2015

Designed for children aged 5 through 16 years with a primary diagnosis of a Learning Disability and/or ADHD

Children will be placed in the appropriate age group.
Class size is limited to 8 participants per class.
Child to Facilitator Ratio = 4 to 1

Richmond Hill

Classes are held *Mondays or Wednesday* at 11181 Yonge Street starting March 23rd or March 25th, 2015

Newmarket

Classes are held *Tuesdays* - Location TBA starting March 24th, 2015

\$200.00 for members
\$250.00 for non-members
(Includes program supplies and tax)

Learning disabilities are specific; they are not global impairments and as such are distinct from intellectual or developmental disabilities. We only enroll children with Learning Disabilities (LD) and / or ADHD (ADHD). If you are unsure of your child's diagnosis we will gladly assist you, but we cannot guarantee enrollment prior to reviewing your child's psychological assessment.



United Way
of York Region
Number 422

Additional learning & support opportunities for parents available upon request.
Please call 905-884-7933 ext. 21

Summer Camp



July 13th to July 17th, 2015
or
August 17th to August 21st, 2015

Time: 9:00am - 4:00pm

Ages: 7-12

\$300 for Members
\$350 for Non-Members



Location: St. Andrew's Presbyterian Church
484 Water Street, Newmarket, Ontario, L3Y 1M5

Learning Disabilities Association of York Region's

SUMMER CAMP

Designed For

Children Diagnosed with
Learning Disabilities and/or ADHD

****First time participants must provide a copy of child's
Psycho-educational Assessment****

In a safe, encouraging and positive environment, our camp meets the needs of your child. Learning social skills has never been so much fun!

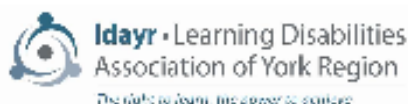
Skills learned include communication and listening, problem solving, friendship, self-esteem and more.

Activities include swimming, arts and crafts, sports and more!

Space is Limited

For more information or to register contact Nina Safary, Program Coordinator:

Phone: 905-884-7933, extension 21 or Email: resource@ldayr.org



Growing Success: Understanding School Report Cards

解读您孩子的成绩单

York Region Parents of Elementary and High School Students:

约克区的高中生与家长

Learn more about 学习有关

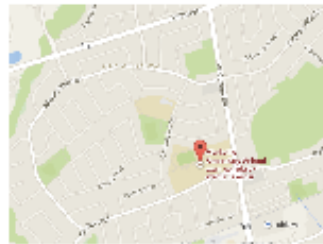
- Understanding Ontario Report Cards - 了解安省的学校成绩单
- Student Led Conferences- 学生主导的家长会
- Tips for Meeting with the Teacher- 约见老师的建议

Date: Tuesday March 10, 2015

日期： 二千十五年三月十日星期二

Time: 4:30 pm to 6:00 pm

时间： 下午四时三十分至六时



Location 地点:

Markville Secondary School

(Room 314/315)

1000 Carlton Road, Markham

Childcare Available!

请登记免费托儿服务!

Brought to you by
Supporting East Asian
Students



Register here 请在此注册:

<http://goo.gl/aZkxAJ>

SEAS (Supporting East Asian Students) is pleased to provide a workshop for parents in the Chinese community on how to understand the Elementary and Secondary school report cards. The workshop will be on Tuesday March 10, 2015 from 4:30 to 6 pm at Markville Secondary School.

文藝匯粹 不分族裔

第二十二屆

文華

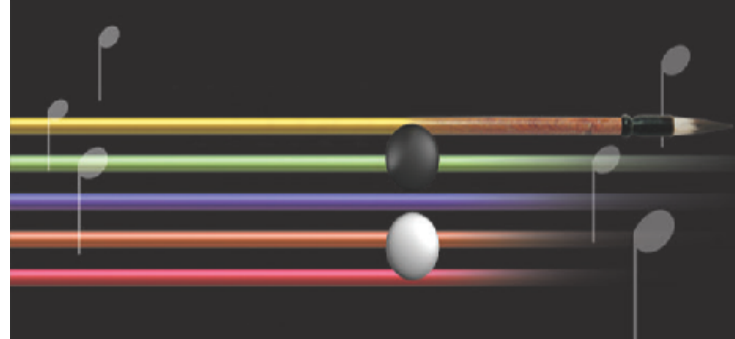


術節

22nd Mandarin Lions
Arts Festival 2015

ART, MUSIC, SPEECH ART (English & Chinese), WRITING, DANCE

畫畫 - 音樂 - 中英文朗誦 - 寫字 - 舞蹈



Entry Closing 截止報名日期: March 12, 2015

Competition 比賽日期: April 25 - May 24, 2015

Award Presentation 頒獎禮: Sunday, July 26, 2015
Richmond Hill Centre for the Performing Arts

中華文化尋根夏令營 - 廣州營

CHINA ROOT-SEEKING SUMMER CAMP, GUANGZHOU

一個集文化、知識，趣味於一體的活動

LEARN EXPERIENCE FUN

Camp Date 日期: July 12 - 25, 2015 (14 days 日)

Requirement 資格: Chinese Youth. Age 14 to 23 / 14至23歲華裔青少年

Registration 報名費: C\$200

Camp Fee 營費: FREE 免費

Expense Items 自費: Air fares (round-trip), visa application, travel and medical insurance, personal necessities.
往返加中的機票，旅遊簽證費，旅遊意外及醫療保險，個人費用。

Camp Registration Closing 報名截止日期: April 30, 2015

Summer Camp Organizers:

The Overseas Chinese Affairs Office of Guangdong Province, China 廣東省人民政府僑務辦公室

Canada China Council of Commerce 中加貿易投資發展促進會

Sinocan Marketing Group 加中經濟文化交流中心

Enquiry 查詢: ☎ 416-591-6600

🌐 www.mlartsfest.com

主辦機構 Presented by



多倫多文華獅子會
Toronto Mandarin Lions Club